

Appendix A

Comprehensive package framework of core interventions:

Essential Health Sector Interventions	Essential Strategies for a Supportive Environment
<p><u>Naloxone</u> Ensuring optimal supplies, training and community-level infrastructure to provide sustained access, including:</p> <ul style="list-style-type: none"> • Coverage • Supplies • Trainers • On-going capacity 	<p><u>Social stabilization</u> Community-level strategies to ensure on-going psycho-social support, access to housing, income stabilization, transportation, food:</p> <ul style="list-style-type: none"> • Services to engage and strengthen support networks such as family/friends • Support groups/healing circles, counselling • Access to affordable and/or supported housing • Support programs incorporate capacity to address housing, income, food insecurity
<p><u>Overdose Prevention Services</u> Supporting a range of community-level, low barrier services tailored to local needs, such as:</p> <ul style="list-style-type: none"> • Overdose prevention & supervised consumption sites • Housing-based initiatives • Strategies to reach individuals using alone • Mobile Services • Drug Checking • Safe drug supply (e.g. hydromorphone in supervised settings) 	<p><u>Peer empowerment and employment</u> Providing individual skills and capacity-building initiatives for communities/people with lived experience:</p> <ul style="list-style-type: none"> • Diversity of paid peer program opportunities • Peer-led initiatives • Peer training opportunities • Involving people with lived experience in strategic program planning and decision-making
<p><u>Acute overdose risk case management</u> Robust surveillance, analytics and referral system to identify individuals at risk within communities and capacity for follow-up connection to care:</p> <ul style="list-style-type: none"> • Proactive screening for problematic opioid use at health care sites • Clinical follow-up • Fast-track pathways to treatment and care • System for monitoring/evaluating patient outcomes and following up 	<p><u>Cultural safety and humility</u> In collaboration with Indigenous communities and organizations, ensuring services are rooted in an understanding of the social and historical context of health and health-care inequities:</p> <ul style="list-style-type: none"> • Cultural safety teachings and support available to all service providers • Trauma-informed and culturally safe facility/space and program design • Services and supports incorporate Indigenous approaches to healing and wellness • Elders involved in service delivery & planning
<p><u>Treatment and Recovery</u> Ensuring low-barrier access to a full spectrum of evidence-based medications and comprehensive treatment & recovery services, including access to:</p> <ul style="list-style-type: none"> • Methadone, suboxone, oral morphine, injectable hydromorphone • Continuum of treatment and recovery programs for opioid dependence that combine medication and psychosocial supports. • Multi-disciplinary pain management 	<p><u>Addressing stigma, discrimination, and human rights</u> Policy/legal analysis & action plans to address barriers to services based on stigma/discrimination:</p> <ul style="list-style-type: none"> • Access to legal team to address discriminatory laws and policies that impact harm reduction • Public education resources, campaigns • Community-level actions to address barriers in access to services for people who use drugs.