



### PEER PROGRAM

Campbell River Community Action Team

2020-2021

# WHO ARE PEERS?

The CAT Peer Program works with people with lived/living experience of substance-use.

This program invites people from all stages of the substance-use path, ranging from active use to long term recovery.

"The program really helps because having people out there who were homeless or using and are now clean really gets others feeling like they can do it too,"

- Ray Goodwin, Peer Leader. "

The Peer program aims to give a platform to the many voices in our community who often go unheard.

Connecting with the program, as either a Peer or a partner, makes a direct impact in our region.



#### THE OBJECTIVE

The Peer Program offers an opportunity for people to receive training, employment, and establish connections with local organizations, and businesses.

Peers make a valuable contribution to the anti-stigma work that the CAT engages in.

Often, many Campbell River residents do not get to hear the stories and perspectives of people with lived/living experience of substance use.

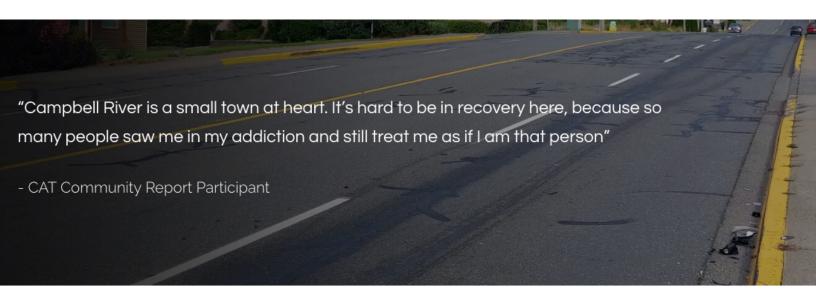
#### PEER GUIDELINES

- Peer workers are a positive example to the people we serve
- Peers need to be fully involved in the work being done (not just showing up)
- Peers present a positive image, engage with people ,and show others that there is another aspect to their current lifestyle.
- · Peers are expected to participate in the training modules provided

### **OUR COMMITMENT**

- Peers will be involved in identifying useful training opportunities or goals
- Peers will have a voice in how training is implemented
- Peers will be provided with clear expectations.
- Staff must provide check-ins to keep peers safe when doing their work, including a required "end of shift" check-in.
- If the peer wishes to speak to another professional, staff must be able to provide this for a peer.
- •Peers will be given meaningful work, that encourages direct participation while, centring their experience & personal goals.
- Peers will be given a manageable, quality-focused workload.
- Staff is responsible (but not liable) for peer well being during the working process.
- Staff will ensure that the work is appropriate for the peer individual
- Staff will not place a peer in a compromising position.

## Mutual respect and clear communication will be prioritized



#### For more information about:

Becoming a Peer or Engaging Peers in your organization

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or visit our website at: www.communityactioncr.ca